

Question 22 – February 1

A 65-year-old gentleman with history of hepatitis C cirrhosis presents to the emergency department with 5 hours of hematemesis. Heart rate 125 and he's resuscitated. Endoscopy reveals the following at the lower esophagus:



There is also coffee ground material in the fundus. In addition to octreotide and antibiotics, what is the most appropriate next step in management?

- A. Endoscopic variceal ligation followed by consideration for liver transplant.
- B. Transjugular intrahepatic portosystemic shunt (TIPS)
- C. Balloon tamponade
- D. Liver transplant

Answer: A

Endoscopic variceal ligation followed by consideration for liver transplant is the appropriate management for esophageal variceal bleeding with stigma of recent hemorrhage.

Reference:

Sanyal A, et al, Semin Liver Dis 1993; 13:4.