

Question 12 – October 20

A 63 year old female comes in for a screening colonoscopy. She has no family history and had no polyps on a colonoscopy 10 years earlier. On colonoscopy an 8 mm polyp is found and removed. Pathology reveals it to be a sessile serrated polyp with no dysplasia. What do you recommend for the timing her next colonoscopy?

- A. 1 year
- B. 3 years
- C. 5 years
- D. 7 years
- E. 10 years

Answer: C

Patients with one sessile serrated polyp less than 10 mm are recommended to have their next colonoscopy in 5 years.

References:

1. Lieberman DA, Rex DK, Winawer SJ, et al. Guidelines for Colonoscopy Surveillance After Screening Polypectomy: A consensus Update by the US Multi-Society Task Force on Colorectal Cancer. *Gastroenterology* 2012;143:844-57