

### **Question 19 – December 5**

A 19 year old woman presents to establish care in your clinic. Her brother has been diagnosed with metastatic colon cancer at age 22. On further testing he was diagnosed to have Lynch Syndrome. She also tested positive for the same mutation and diagnosed with Lynch Syndrome. She currently has no gastrointestinal symptoms. She has never had a colonoscopy.

You recommend:

- A. Colonoscopy starting at age 20-22
- B. Colonoscopy now
- C. Colonoscopy at age 40
- D. Colectomy

**Answer: B**

Screening for CRC by colonoscopy is recommended in persons at risk (first-degree relatives of those affected) or affected with LS every 1 to 2 years, beginning between ages 20 – 25 years or 2 – 5 years before the youngest age of diagnosis of Colorectal cancer in the family if diagnosed before age 25 years.

**Reference:**

Giardiello, Francis M., et al. "Guidelines on genetic evaluation and management of Lynch syndrome: A consensus statement by the US Multi-Society Task Force on Colorectal Cancer." *Gastroenterology* 147.2 (2014): 502-526.