

### **Question 20 – Week of April 23**

Split dose bowel preparation vs. traditional bowel preparation dosing has been associated with the following except

- A. Higher compliance
- B. Better patient tolerability
- C. Increase rate of detecting flat colon lesions
- D. Less inadequate bowel preparations
- E. Increase detection of cancers

**Answer: E**

Split dose bowel preparation is currently recommended by the ACG as preferred method for bowel preparation. There have been 10 randomized studies that have shown split dose bowel preparation superior to traditional dosing. Higher compliance and better patient tolerability has been reported with split dose, as well as an increased rate of detecting flat colon lesions.

Reference:

Cohen L.D. Split dosing of bowel preparations for colonoscopy: an analysis of its efficacy, safety, and tolerability; *Gastrointest Endosc.* 2010 Aug;72(2):406-12