

Question 22 – Week of November 29

What mineral or vitamin malabsorption is often seen in Small Intestinal Bacterial Overgrowth (SIBO)?

- A. Vitamin C
- B. Vitamin B12
- C. Folate
- D. Iron

Answer: B

Vitamin B12 malabsorption can be seen secondary to the deconjugation of Intrinsic Factor from Vitamin B12 by bacteria, mainly anaerobic bacteria, in the small intestine preventing absorption of Vitamin B12. Folate tends to be high as bacteria synthesize folate.

Reference:

Feldman: Sleisenger & Fordtran's Gastrointestinal and Liver Disease, 8th ed.