

### Question 3 – August 21

What is true about type II achalasia?

- A. Type II achalasia is a more advanced and progressed version of achalasia than type I achalasia.
- B. Type II achalasia patients are treated more successfully than type I or type III achalasia patients.
- C. Type II achalasia is thought to be a disorder of excitatory neural degeneration, similar to distal esophageal spasm.
- D. Type II achalasia patients having some normal peristalsis on manometry, but an integrated relaxation pressure (IRP) that is elevated.

**Answer: B**

Based on recent evidence, type II achalasia patients are treated more successfully with pneumatic dilation or laparoscopic heller myotomy than patients with type I or type III achalasia

### Reference

Outcomes of treatment for achalasia depend on manometric subtype. Rohof WO, Salvador R, Annese V, Bruley des Varannes S, Chaussade S, Costantini M, Elizalde JI, Gaudric M, Smout AJ, Tack J, Busch OR, Zaninotto G, Boeckxstaens GE. *Gastroenterology*. 2013 Apr;144(4):718-25.