

Question 45 – Week of May 9

In an effort to prevent NSAID related ulcer complications, all patients regardless of risk who will start long-term NSAID therapy should do which of the following?

- A. Undergo baseline endoscopy
- B. Start a PPI
- C. Start misoprostol
- D. Consider testing for *H. pylori*

Answer: D

Depending on patient risk factors will determine if a patient requires a PPI or misoprostol when on NSAIDs. High risk patients are those with a history of complicated ulcers or have 2 of the following: age >65, high dose NSAID therapy, hx of uncomplicated ulcer or on concurrent aspirin, steroids or anticoagulants. However, all patients regardless of risk status who are about to start long-term traditional NSAID therapy should be considered for testing for *H. pylori* and treated, if positive.