A 61 year-old gentleman with no past medical history presents to clinic with complaints of early satiety and some epigastric burning after eating for the past three months. No weight loss, no dysphagia and no complaints of heartburn. Physical exam is normal aside from some mild epigastric tenderness. CBC, CMP and lipase are normal. What is the next appropriate step?

A. Check stool h pylori antigen  
B. Empiric trial of PPI  
C. Tricyclic antidepressant  
D. Upper endoscopy with biopsies

**Answer: D**

Based on the above symptoms, this patient has a diagnosis of dyspepsia. Patients 60 and over with dyspepsia are recommended to have an upper endoscopy to evaluate symptoms rather than empiric treatment of symptoms.