

Question 14 – November 4

What is the most common cause of a benign esophageal stricture?

- A. Radiation injury
- B. Caustic ingestion
- C. Schatzki Ring and esophageal webs
- D. Anastomotic stricture
- E. Peptic stricture

Answer: E

Common causes of benign strictures include peptic injuries, accounting for ~60–70% of cases, radiation injuries, caustic ingestions, anastomotic strictures, Schatzki rings and esophageal webs, and eosinophilic esophagitis-associated strictures

Reference:

1. Laetitia et al. Endoscopic Management of Difficult or Recurrent Esophageal Strictures. *Am J Gastroenterol* 2011; 106:2080–2091.