A 55-year-old man undergoes a surveillance colonoscopy during which no polyps were found. The prep was noted to be excellent during the exam. His only previous colonoscopy was 5 years ago during which a 3 mm tubular adenoma was found and removed from the sigmoid colon. When should this patient be asked to come back for his next colonoscopy?

A. 10 years
B. 5 years
C. 3 years
D. 1 year

Answer: A

Rationale: This patient was found to have a low risk adenoma on his first screening colonoscopy and no adenomas on the surveillance colonoscopy five years later. Current guidelines recommend that patients with low risk adenoma at baseline and negative findings at first surveillance can have their next surveillance examination at 10 years.