

### Question 33 – April 18

A 32 year old patient with Crohn's would like to pregnant. Which is true about pregnancy and Crohn's?

- A. Crohn's patients have high rates of infertility.
- B. Crohn's patients have higher rates of babies with birth defects.
- C. Active disease at the time of conception increases the risk for adverse events during pregnancy.
- D. Crohn's patients typically go into remission when pregnant.

Answer: C

Active disease at the time of conception increases the risk for adverse events during pregnancy. Safety of immunosuppressant and pregnancy is becoming more and more apparent. The key to treatment is keeping the IBD activity in remission at conception and throughout the pregnancy.

Reference:

PIANO registry, Expert Rev. Clin. Immunol. 6(4),643–657 (2010).