

Question 33 – March 20

A 63 year old female was found to have a 15 mm flat polyp in the hepatic flexure on a routine screening colonoscopy. The polyp was raised with methylene blue and saline assisted submucosal injection and complete removal of en-bloc. The pathology revealed a serrated polyp without dysplasia.

When should the next colonoscopy be scheduled?

- A. Repeat colonoscopy in 6 months.
- B. Repeat colonoscopy in 1 year.
- C. Repeat colonoscopy in 3 years.
- D. Repeat colonoscopy in 5 years.
- E. Repeat colonoscopy in 10 years.

Answer: C

A 3 year repeat colonoscopy is recommended for advanced adenomas (villous histology, more than 10 mm or more than 3 adenomas of any size). For serrated polyps that are more than 10 mm size, serrated polyps with dysplasia and traditional serrated adenoma, a 3-year recall is recommended. If the patient meets the criteria for serrated polyposis syndrome, a 1 year recall is recommended. Piecemeal removal of a large polyp may allow for a recall in 3-6 months to assess for residual polyp.

Reference:

Lieberman DA et al. Guidelines for Colonoscopy Surveillance After Screening and Polypectomy: A Consensus Update by the US Multi-Society Task Force on Colorectal Cancer. *GASTROENTEROLOGY* 2012;143:844 – 857.