

Question 31 – March 12

Which of the following is associated with a high risk of recurrence after surgically-induced remission of Crohn's disease?

- A. Nonsmoking patient
- B. First surgery for a short segment of bowel
- C. Disease duration longer than 10 years
- D. Young patient at time of surgery (age < 30)
- E. Older patient at time of surgery (age > 50)

Answer: D

Risk factors associated with high risk of recurrence after surgery for Crohn's disease include active smoking, multiple surgeries, short duration of disease prior to surgery, and young age at surgery.

Reference

Nguyen, Geoffrey C., et al. "American Gastroenterological Institute Guideline on the Management of Crohn's Disease After Surgical Resection." *Gastroenterology* (2016).