A 23-year-old male with a history of asthma presents to the emergency room with a sensation of food stuck in his chest after eating chicken and mashed potatoes earlier that afternoon. In the ED vitals: 96% RA, HR 105, BP 126/83. He is noticed to have difficulty controlling his secretions, thus the ED team pursues elective intubation for airway protection. The ED proceed with calling a GI consult, presenting this story.

What is the next best course of action?

A. Emergent upper endoscopy  
B. Urgent upper endoscopy  
C. Trial of glucagon  
D. Inhaled budesonide

**Answer: A**  
Patients with esophageal obstruction (i.e. unable to manage secretions, swallow disk batteries or sharp-pointed objects should undergo emergent endoscopy.


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