

Question 10 – Week of September 6

Which of the following conditions predispose a person to having GER?

- A. Pregnancy
- B. Scleroderma
- C. Zollinger-Ellison Syndrome (ZES)
- D. Being status post Heller myotomy
- E. All of the above

Answer: E

There are many medical conditions that can predispose a patient to develop GER and GERD. GER is reported in pregnancy in 30% to 80% of women, usually in the first trimester. During pregnancy LES pressure is reduced. In ZES acid hypersecretion and increased gastric volume may lead to GERD. Heller myotomy and scleroderma have also been associated with the subsequent development of GERD.