

### **Question 21 – January 1**

A patient with diffuse anasarca, pleural effusions, hypoalbuminemia, vitamin D deficiency, and chylous ascites undergoes video capsule endoscopy to evaluate diarrhea and weight loss. What is the most likely finding on capsule endoscopy?

- A. Angiectasias
- B. Normal capsule endoscopy
- C. Creamy white swollen villi
- D. Ulceration with loss of vascular pattern

**Answer: C**

Primary intestinal lymphangiectasia (Waldmann's disease) is a rare disorder where dilated intestinal lacteals lead to impaired lymphatic drainage. This presents with edema which can be manifested by anasarca, pleural effusions, pericardial effusions, and chylus ascites. Video capsule endoscopy reveals creamy yellow-white swollen villi throughout the small intestine.

### **Reference**

Vignes S. Primary intestinal lymphangiectasia (Waldmann's disease). *Orph J Rare Dis.* 2008;3:1-8